

#### SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) BRINGS FOOD & JOBS TO CA-22

With rising costs of groceries, housing, and other essentials, 97% of California households struggle with affordability, even with full-time work.<sup>1</sup> SNAP (CalFresh), our nation's largest and most important anti-hunger program, helps low wage workers and families. However, the end of effective COVID-era improvements created a hunger cliff for 5.4 million Californians, cutting \$500 million per month statewide — averaging \$180 per household — hurting local businesses and communities.

Proposed benefit cuts and other program changes in Budget Reconciliation — especially harsher time limits would worsen hunger for low-wage workers in the district with unpredictable hours. This would further increase hunger and further strain local resources and essential services in an already overburdened district.



#### of California households struggle with affordability

SNAP provides nine meals for every one provided by food banks — a gap that private charity could never fill.<sup>2</sup>

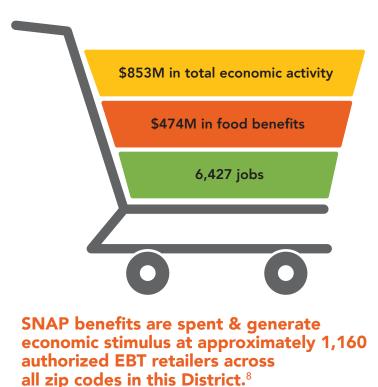
Yet, because SNAP benefits are inadequate, more than 3 in 10 SNAP households still rely on food banks.<sup>3</sup>



## THE VALUE OF SNAP

**SNAP is crucial to the local economy.** Last year, 205,800 participants — 26.6% of the District — received SNAP, ranking #2 in California.<sup>4</sup>

#### SNAP delivered to the District: 5,6,7



In Budget Reconciliation, Appropriations, the Farm Bill, and all legislative opportunities, we call on the CA Congressional Delegation to protect & strengthen SNAP by improving benefit adequacy, providing equitable access, & ensuring choice for all low-income Californians.

## **SNAP BENEFITS ARE VITAL BUT INADEQUATE**

This year, SNAP will help more than 5.4 million Californians fight hunger and escape poverty, but the benefits fall short of what is really needed.<sup>9</sup> In California: <sup>10,11,12,13</sup>



Allocated per person per day in SNAP benefits



3 IN 10

Rely on supplemental food from food banks



\$180

Loss in monthly household SNAP benefits, after end of Emergency Allotments

UNPRECEDENTED HARM

Food Insecurity Rates for Cailfornians Since 2020<sup>16</sup>

July 2021: 16%

Lowest Food Insecurity since pandemic start

2022

October 2022: 24% Highest Food Insecurity since pandemic start

2023

All Households



Increase in nutritionrelated hospitalization risk at month's end

## HISTORIC HUNGER

# Right now, Californians are facing historic & devastating levels of hunger.

#### 8.4 Million

Californians are food insecure. That's more than one in five households (22%), and similar to peak levels of hunger during the COVID-19 Pandemic.<sup>14</sup>

#### **Deep Disparities**

Compared to **White** households (**15%** food insecurity), rates are significantly higher among **Black (35%)** and **Latine (31%)** households.<sup>15</sup>

### **IMPACT OF SNAP**

"[Having SNAP] was a very good chance for me to take good care of my kids and myself too, and also be able to catch [up on] bills that I had to pay and...not worry about where to get rent or how to take care of the kids, and how to put up some small meals."<sup>17</sup>

30%

25%

20%

15%

10%

5%

April 2020: 21%

Early Pandemic

2021

Households with Children

Food Insecurity

— Former SNAP Recipient

2024

CA food banks urge members of Congress to protect & strengthen SNAP's proven record as our nation's most important anti-hunger program by opposing cuts in Budget Reconciliation, Appropriations, the Farm Bill, & any legislative vehicles in this Congress.

